



TeenZ Space Timetable October 2024



Email info@dsscotland.org.uk or call us on **0300 030 2121** if you have any questions or would like to book a session. We advise you to book early to avoid disappointment.

WB 7/10/24

Date	Time	Activity
Monday 7 th	4:30 – 5:15	Karaoke: Do you love to sing? It's karaoke time!
	5:45 - 6:30	Eat Your Greens! Bring a veggie dinner to TeenZ Space.
Tuesday 8 th	4:30 – 5:15	Share Your News: What have you been up to?
	5:45 - 6:30	Face Your Fears! Tell us about a time you were brave.
Wednesday 9 th	4:30 –5:15	Tangled Fan Club: This one's for all the Rapunzel fans!
	5:45 - 6:30	Come Dine With Me: Bring your dinner to TeenZ Space!
Thursday 10 th	5:45 – 6:30	Musicals Song Quiz: Test your musicals knowledge!
	7:00 – 7:45	Evening Wind Down: Join Hannah for a relaxing mindfulness session.
Friday 11 th	4:30 –5:15	Art Club: Bring your current art project to TeenZ!

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WB 14/10/24

Date	Time	Activity
Monday 14th	4:30 –5:15	Spongebob Fan Club: Who... lives in a pineapple under the sea?
	5:45 -6:30	Karaoke: Do you love to sing? It's karaoke time!
Tuesday 15 th	4:30-5:15	The Hit List: Another round of musical intros based on the tv show!
	5:45-6:30	Potatoes! Bring a dinner that includes... potatoes!
Wednesday 16 th	4:30 –5:15	Cuddly Toys: Bring your favourite cuddly toys to introduce to us.
	5:45 - 6:30	Karaoke: Do you love to sing? It's karaoke time!
Thursday 17 th	5:45 – 6:30	Come Dine With Me: Bring your dinner to TeenZ Space!
	7:00 – 7:45	Pamper Night: Let's get on our pyjamas and pamper ourselves!

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WB 21/10/24

Date	Time	Activity
Monday 21st	4:30 – 5:15	Book Club: Bring a book you love and tell us about it.
	5:45 – 6:30	Come Dine With Me: Bring your dinner to TeenZ Space!
Tuesday 22 nd	4:30–5:15	Karaoke: Do you love to sing? It's karaoke time!
	5:45–6:30	TeenZ Got Talent! Can you sing, dance, cook or do magic tricks?
Wednesday 23 rd	4:30 – 5:15	Autumn Quiz: Test your knowledge on all things autumnal!
	5:45 – 6:30	Come Dine With Me: Bring your dinner to TeenZ Space!
Thursday 24 th	5:45 – 6:30	90s Music: Come and explore the music of the 90s!
	7:00 – 7:45	Evening Wind Down: Join Hannah for a relaxing mindfulness session which will get you ready for the evening ahead.
Friday 25 th	4:30 – 5:15	Autumn Craft: Make a wreath (<i>craft pack sent out in advance</i>).

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WB 28/10/24

Date	Time	Activity
Monday 28th	4:30 –5:15	Spooky Songs! What are your favourite songs that give you shivers?
	5:45 -6:30	Down's Syndrome Awareness Month: Let's see how people around the world are celebrating!
Tuesday 29 th	4:30-5:15	Scooby Doo Fan Club: Scoobs is always involved in spooky mysteries!
	5:45-6:30	Come Dine With Me: Bring your dinner to TeenZ Space!
Wednesday 30 th	4:30 –5:15	Karaoke: Do you love to sing? It's karaoke time!
	5:45 - 6:30	Pumpkin Dinner: What did you do with the inside of your pumpkin?
Thursday 31 st	5:45 – 6:30	Halloween Pumpkins: Bring your carved or painted pumpkin to TeenZ!
	7:00 – 7:45	Halloween Party: Dress up and get ready for some spooky fun!!
Friday 1 st	4:30 –5:15	Cosy Chats: Let's get cosy now that November is here! Bring a warm drink and settle in with a blanket for a cosy catch-up.

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