

In person meet ups

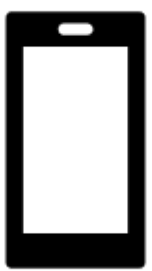


Please book your place using Eventbrite by clicking on the [Book Now](#) in the timetable.

Fully booked? If you would like on the waiting list, please email






friendz@dsscotland.org.uk



- Brenda:** 07825 214109 - Edinburgh
- Shaun:** 07825 586444 - Glasgow, Fife, Stirling
- Karen:** 07825 873726 - Inverness, Aberdeen, Perth, Dundee

APRIL 2025

Where	Date and Time	Activity
FIFE	<p>WEDNESDAY 9th April</p> <p>6.30pm – finish time TBC</p> <p>BOOK NOW</p>	<p>Byre theatre, St Andrews - Dance Performance:</p> <p>Solitude without Loneliness</p> <p>A fast, energetic and moving contemporary dance performance exploring solitude, loneliness and relationships through movement.</p> <p>Cost: £12 + money for drink/snack</p> 

<p>EDINBURGH</p>	<p>THURSDAY 17th April</p> <p>6.30-8pm</p> <p><u>BOOK NOW</u></p>	<p>Pizza Night in the City</p> <p>Cost: Approx £20 for 1 course + a drink</p> 
<p>ABERDEEN</p>	<p>FRIDAY 18th April</p> <p>6.30-8.30pm</p> <p><u>BOOK NOW</u></p>	<p>Karaoke Night: sing your heart out in our very own karaoke room.</p> <p>Cost: £7 + money for a drink</p> 
<p>GLASGOW</p>	<p>SATURDAY 12th April</p> <p>11-1.30pm</p> <p><u>BOOK NOW</u></p>	<p>Kelvingrove Art Gallery – look around the gallery, a hot drink and finishing with an organ recital.</p> <p>Cost: money for a drink/snack in the café</p> 
<p>PERTH</p> <p>(Venue is in Crieff)</p>	<p>SATURDAY 19th April</p> <p>12.30-3.30pm</p> <p><u>BOOK NOW</u></p>	<p>Forest Bathing - breathing work followed by forest bathing activities and finishing with a fire circle tea ceremony and Easter Egg Hunt.</p> <p>Cost – Free thanks to the James Cotter Trust.</p> <p>Other info: everyone must come along with a support person + take a packed lunch</p>  <p>Please book this activity by contacting Shaun.powell@dsscotland.co.uk or 07825 586 444</p>

<p>INVERNESS</p>	<p>TBC – Please email/message Karen to book a ticket</p> <p>Date will be confirmed early April.</p>	<p>Innoflate: A giant playground of inflatable fun! (Adults only night)</p>  <p>Cost: Max £10 + money for a drink</p>
<p>STIRLING</p>	<p>FRIDAY 25th April</p> <p>6pm – finish time TBC</p> <p><u>BOOK NOW</u></p>	<p>MacRobert Arts Centre - Pirates!! – Scottish Dance Theatre</p> <p>‘Join best friends Tom and Daisy as they are swept away into the world of Captain Sandy Rogers and her rowdy crew! Together, they will go on an unforgettable adventure featuring a bunch of slippery zombies, strange underwater creatures and a final, all-out duel with the wicked Captain O’Greed!’</p>  <p>Cost: £12 plus money for snack/drink</p>
<p>DUNDEE</p>	<p>THURSDAY 24th April</p> <p>6-7.30pm</p> <p><u>BOOK NOW</u></p>	<p>10 pin Bowling</p>  <p>Cost: max £7 + money for a drink</p>
<p>EDINBURGH</p>	<p>SATURDAY 26th April</p> <p>10.30-12.15pm</p> <p><u>BOOK NOW</u></p>	<p>Chatty Walk - at the Botanic to celebrate the DSS creating a garden at the RHS Chelsea Flower Show</p>  <p>Cost: money for a drink/snack at the end of our walk.</p>

If it is your first time at a Meet Up, we will email you a form to fill in. Please email the form back to us before the Meet Up.

We will email you 1 week before to let you know where to meet.