

FriendZ Space Timetable April 2025

Zoom Sessions

Please book your place using Eventbrite by clicking **BOOK NOW** in the timetable

Fully booked? If you would like on the waiting list, please email



gaylin.higginson@dsscotland.org.uk
friendz@dsscotland.org.uk



Gaylin: 0738547373
Or 0300 030 2121 (9-5pm)

Week 1 – w/b 1st April




Date	Time	Activity
Tuesday 1st April	5 - 5:30pm	 April Fool's Day Jokes Bring along your funniest jokes and let's have a laugh together!
Wednesday 2nd April	6 – 6:45pm	 Karaoke You pick the songs and we all singalong!
Thursday 3rd April	6-6:45pm	 Bingo with Cher We will send you a bingo card, come along to get the lucky numbers

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Week 2 – w/b 7th April




Date	Time	Activity
Tuesday 8th April	5:30-6:15pm	 Dance-a-thon Come along and dance the night away to some of our favourite songs.
Thursday 10th April	6-6:30pm	 Film Club: Comedy Come along and share your favourite funny movies!

Week 3 – w/b 14th April




Date	Time	Activity
Tuesday 15th April	7-8pm	 Live Disco Join us for a fun evening of music and dancing with DJ Giacinta
Wednesday 16th April	6-6:45pm	 Ask Charlie! Bring along your tricky general knowledge questions to catch our friend Charlie out.
Thursday 17th April	5:45 -6:30pm	 Baking: Easter Nests It's almost easter weekend! Let's make easter nests out of mini eggs and cereal. And share with family and friends!

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Week 4 – w/b 21st April

Date	Time	Activity
Tuesday 22nd April	5-5:30pm	 Mindful Colouring Come along, listen to some calming music and colour in together. We will send you a colouring-in page.
Wednesday 23rd April	6:30-7:15pm	 Fit FriendZ Come and join our friend Emily for some stretching, dance and music!
Thursday 24th April	5-5:30pm	 Hot Chocolate Cuppa & Catch up Make yourself a delicious hot chocolate, get cosy and let's hear your news!

Week 5 – w/b 28th April

Date	Time	Activity
Tuesday 29th April	5:30–6:15pm	 Craft Club Come along and make a spring flower posy out of egg cartons, paint and canvas board.
Wednesday 30th April	6-6:45pm	 Quiz Night: General Knowledge Get your thinking caps on for another epic quiz night.
Thursday 1st May	5:30-6pm	 Spring Scavenger Hunt Find as many items from the list as you can. Then come along and let's chat about our search for all things SPRING!

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