

FriendZ Space Timetable

June 2025

Zoom Sessions

Please book your place using Eventbrite
by clicking **BOOK NOW** in the timetable

Fully booked? To go on the **waiting list**, please email us.
Please **cancel** if you are unable to attend.






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friendz@dsscotland.org.uk






Gaylin: 0738547373
Or 0300 030 2121 (9-5pm)

Week 1 – w/b 2nd June



Date	Time	Activity
Wednesday 4th June	5:00 -5:30pm	 Mindful Colouring Come along, listen to some calming music and colour in together. We will send you a colouring-in page.
Wednesday 4th June	6-6:45pm	 Karaoke You pick the songs and we all singalong!
Thursday 5th June	6-6:45pm	 Bingo with Cher We will send you a bingo card, come along to get the lucky numbers.

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Week 2 – w/b 9th June

Date	Time	Activity
Tuesday 10th June	5:30-6:15pm	 Cooking Club: Summer Starters! Join us around the kitchen table and learn how to make Italian Bruschetta. We'll send a recipe. (Support Required)
Wednesday 11th June	5:30-6:15pm	 ABBA Dance-a-thon Come along and dance the night away to your favourite ABBA songs.
Thursday 12th June	5:30-6:15pm	 Music Café (New) Come along and bring your favourite song to share with the group. We will watch music videos and have a chat.




Week 3 – w/b 16th June

Date	Time	Activity
Tuesday 17th June	6-6:30pm	 Dinner Date: Burger Night! Join us for dinner with any kind of burger!
Wednesday 18th June	5:45-6:30pm	 Craft Club: Paint by Numbers Come along and get your fingers busy crafting! Packs will be posted to you with basic supplies. (Support required)

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Thursday 19th June	7-8pm	 Live Disco Join us for a fun evening of music and dancing with DJ Giacinta
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Week 4 – w/b 23rd June

Date	Time	Activity
Tuesday 24th June	6-6:45pm	 Ask Charlie! Bring along your tricky general knowledge questions to catch our friend Charlie out.
Wednesday 25th June	5:30-6pm	 Singalong Join us to sing your heart out to some of our favourite songs.
Thursday 26th June	5:30-6:15pm	 Story Club: How to Train your Dragon Join us to read or listen to 'How to Train Your Dragon' by Cressida Cowell. The book or audio version will be sent to you. Then come and tell us what you think!

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