



Please book your place using Eventbrite
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Fully booked? If you would like on the waiting list, please email



friendz@dsscotland.org.uk



Andy: 07385 473615

Glasgow, Edinburgh, Central

Karen: 07825 873726

Inverness, Aberdeen, Dundee
& Perth

Meet Up's News

We are delighted that we have 2 new people joining the Meet Up's team:




Andy Auld will support the Edinburgh, Glasgow & Central areas, as well as continuing to support the DSS advocacy group (The Expert's). Andy will work full time as from mid-August.

Lynne Gauton, who comes along to regular Meet Up's with her son Aaron, will start in September supporting the Perth, Dundee & Fife areas.

A very warm welcome to them both!

SEPTEMBER 2025

Where	Date and Time	Activity
FALKIRK	Saturday 6th September 12.30-1.30pm	FriendZ Utd Football Training  <p>Cost – No charge thanks to generous funding through the Falkirk Foundation</p>
DUNDEE	Thursday 11th September 6.30-8pm	Bowling and meet the new Meet Up's worker, Lynne!  <p>Cost - £7 and money for a drink</p>
GLENROTHES	Friday 12th September 6-7.30pm	Bowling and meet the new Meet Up's worker, Lynne!  <p>Cost - £7 and money for a drink</p>
ABERDEEN	Saturday 13th September 11.30-1.30pm	Walk & Beach Bingo  <p>Cost – Money for an ice cream</p>

GLASGOW	<p>Tuesday 16th September</p> <p>6-8pm</p>	<p>Pizza Night in the City</p>  <p>Cost - £20/25 approx for main meal+drink</p>
INVERNESS	<p>Tuesday 16th September</p> <p>4-5.30pm</p>	<p>Crazy Golf</p>  <p>Cost – Max £10 including a drink</p>
EDINBURGH	<p>Tuesday 23rd September</p> <p>7-8.30pm</p>	<p>Karaoke</p>  <p>Cost – max £10 + money for a drink</p>

If it is your first time at a Meet Up, we will email you a form to fill in. Please email the form back to us before the Meet Up.

We will email you 1 week before to let you know where to meet.