

FriendZ Space Timetable

September 2025

Zoom Sessions

Please book your place using Eventbrite
Fully booked? Email us to be added to the **waiting list**.
Please **cancel** if you are unable to attend.




gaylin.higginson@dsscotland.org.uk
hannah.dobson@dsscotland.org.uk
friendz@dsscotland.org.uk




Gaylin: 0738547373
Hannah: 07385472359

***Announcement:** Our FriendZ Space worker Gaylin is expecting a baby and will be going on Maternity Leave in September! You will be in good hands though, as current DSS staff Hannah Dobson and Molly Line step up to run FriendZ Space while Gaylin is off. Please give them a warm welcome 😊

Week 1

Date	Time	Activity
Tuesday 2nd September	6-6:45pm	 Film Club: Feel Good Movie Come along and share your favourite 'feel good' movie with us.
Wednesday 3rd September	6-6:45pm	 Karaoke Send us your song request, and we all singalong!


T: 0300 030 2121 E: info@dsscotland.org.uk W: www.dsscotland.org.uk

Thursday 4th September	5:45-6:30pm	 Bingo with Cher We will send you a bingo card, come along to get the lucky numbers.
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Week 2

Date	Time	Activity
Tuesday 9th September	6-6:45pm	 Ask Charlie! Bring along your tricky general knowledge questions to catch our friend Charlie out.
Wednesday 10th September	7-8pm	 Live Disco Join us for a fun evening of music and dancing with DJ Giacinta
Thursday 11th September	5:45-6:30pm	 Dance-a-thon Come along and dance the night away to your favourite party songs.



Week 3

Date	Time	Activity
Tuesday 16th September	6-6:45pm	 Baking: Crumble! Let's make an apple and blackberry crumble! Option to hand pick some fresh blackberries to add. (support required)

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Wednesday 17th September	5:30-6:15pm	 Craft Club: Abstract Collage Have fun tearing up coloured paper and magazines, and then sticking them down to create your very own abstract art.
Thursday 18th September	6:30-7:15pm	 Fit FriendZ Emily is back from her travels and ready to rejoin FriendZ with a bang! Join in for some stretching, dance moves and music!

Week 4

Date	Time	Activity
Tuesday 23rd September	6-6:45pm	 Story Club: Charlotte's Web Join us to read or listen to the classic story 'Charlotte's Web' by E.B White. The book or audio version will be sent to you. Then come and tell us what you think!
Friday 26th September	5:45-6:30pm	 Quiz Night: General Knowledge Get your thinking caps on for another epic quiz night.

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Week 5

Tuesday 30th September	6-6:45pm	 Charades Calling all aspiring actors! Come along and keep everyone guessing as you act out a word without using words
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