





Please book your place using Eventbrite

by clicking on the **Book Now** in the calendar.

Fully booked? If you would like on the waiting list, please email



friendz@dsscotland.org.uk

Lynne: 07392 464000 Perth, Dundee & Fife

Andy: 07385 473615 Glasgow, Edinburgh & Central

Karen: 07825 873726 Inverness & Aberdeen

Meet Ups News

If it is your first time at a Meet Up, we will email you a form to fill in. Please email the form back to us before the Meet Up.

We will email you 1 week before the Meet Up to let you know all the details.

A reminder that we will be holding a DSS Karaoke Disco with buffet on 31st January in Stirling 7pm-midnight.

All ages welcome – tickets £5pp with no charge for support person (ALL attendees must be accompanied by a support person who will be available should assistance be required during the event. Support person must remain on site for the duration of the event.)

Great overnight accommodation rates available – contact <u>FriendZ@dsscotland.org.uk</u> for more information.

DECEMBER 2025

Where	Date and Time	Activity
GLASGOW	Monday	Choir 21 face2face
	1 st /15 th /22 nd December	
	4.30pm-6pm	
	Please note this is booked	Join Choir 21 for a series of face-to-face festive workshops and singing sessions. Makaton, fun warmups, nice friends and
	via the DSS Website, not	Christmas songs galore.
	Eventbrite.	COST – Free
GLASGOW	Wednesday 3 rd December	Podcast & Pizza <
	6-8pm approx.	RODCAS .
		Join us to record a podcast in a real recording studio – see behind the scenes and get your chance on the mic/pick out some songs.

		Dinner provided. COST - Free
INVERNESS	Thursday	Fashion Show & discounted shopping
	4 th December	evening
	6.30-8pm approx.	
		Cost: £10 per ticket which includes a
		welcome drink and 20% discount off
		purchases after the fashion show
		If you would like to model at the fashion show,
		there will be no entry cost (email: <u>karen@dsscotland.org.uk</u>)
		(Ciriaii: Karenes assectiana.org.ax)
		All proceeds will support the H&I branch of DSS
FALKIRK	Saturday 6 th December	FriendZ Utd Football Training (5)
	12.30pm - 1.30pm	FALKIRK FOUNDATION OUR COMMUNITY, OUR FUTURE
	Remember to book a ticket even if you are a regular!	Cost – No charge thanks to generous funding through the Falkirk Foundation

EDIMBLIDGI	Considere	
EDINBURGH	Sunday 7 th December	Edinburgh Christmas Market & 'Santa
	/ December	Paws' 🐾
	12-2pm	Chail rightellong road com
		Explore the Christmas market and enjoy the festive sights, sounds & snacks.
		We will go to the Ross Bandstand to see
		the 'Santa Paws' competition, so this is a
		meet up for dog lovers.
		"Join us with your furry friends at the Ross
		Bandstand as we attempt to break a
		world record for the number of dogs dressed up in Christmas Jumpers"
		Cost – Free, money required for
		stalls/rides etc.
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GLASGOW	Tuesday 9 th December	A Christmas Carol
	9 December	
	7pm – 8.30pm	

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		A fun, festive, family friendly show -
		perfect for getting into the Christmas
		spirit!
		Book now for a festive panto!
		Cost - £7
DUNDEE	Thursday	Xmas Meal & Bowling
DONDLL	11 th December	Amas Wear & Downing
	11 December	
		Come and enjoy some good food, good
		company and great bowling!
	6.30-8.30pm	
		Cost: Max £15 for dinner and the Bowling
		is FREE!
EDINBURGH	Tuesday 16 th	Edinburgh Art Club & Pizza <
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	December	
		A A A
	6 – 8pm	
		Enjoy dinner and fun with friends. We will
		listen to Christmas music & make
		Christmas cards.
		All materials supplied.
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		Cost – Free!
INVERNESS	Tuesday 16 th December	Xmas meal get-together
		Come and enjoy a 3-course festive meal with your FriendZ
	6-8pm	
		Cost: £10 each, with remaining cost paid from generous funding received from Jennifers Fund at Cairngorm Windows
STIRLING	Saturday 31 st January	DSS Real Life Karaoke Disco + buffet
	7pm-Midnight	
		Cost: £5pp (no charge for support person)
		Booking link for this will be on January's calendar!