

# FriendZ Space Calendar

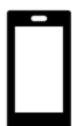
## February2026

### Zoom Sessions

- ★ Please book your place using Eventbrite
- ★ Fully booked? Email us to be added to the **waiting list**.
- ★ Please **cancel** if you are unable to attend.



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**Hannah: 07385472359**  
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# Week 1



Date	Time	Activity
<b>Tuesday 3<sup>rd</sup> February</b>	5:45-6:30pm (Hannah)	 <b>Karaoke 1</b> Do you love singing? Bring your best songs. Send us your song requests by email  <i>Please only book one karaoke session per month to allow everyone to have a turn!</i>
<b>Wednesday 4<sup>th</sup> February</b>	5:45-6:30pm (Molly)	 <b>Yoga</b> Breath, stretch, balance and relax in this fun and calming yoga session.
<b>Thursday 5<sup>th</sup> February</b>	5:45-6:30pm (Hannah)	 <b>Charades</b> It's game night! Come along and keep everyone guessing with your acting skills!

# Week 2



Date	Time	Activity
<b>Tuesday 10<sup>th</sup> February</b>	7-8pm (Hannah)	 <b>Live Disco</b> Join us for a fun evening of music and dancing with DJ Giacinta!
<b>Wednesday 11<sup>th</sup> February</b>	5-5:45pm (Molly)	 <b>Fit FriendZ</b> Join us with our favourite performer Emily, for some stretching, dance moves and music!
<b>Thursday 12<sup>th</sup> February</b>	5:45-6:30pm (Hannah)	 <b>Baking Club</b> Make some valentines inspired treats to share with your loves ones!

# Week 3



Date	Time	Activity
<b>Tuesday 17<sup>th</sup> February</b>	5:45-6:30pm (Hannah)	 <b>Film Club</b> Come and share your favourite rom-com (romantic comedy) films with the group!
<b>Wednesday 18<sup>th</sup> February</b>	5:30-6:15pm (Molly)	 <b>Karaoke 2</b> Do you love singing? Bring your best songs. <i>Send us your song requests by email</i>  <i>Please only book one karaoke session per month to allow everyone to have a turn!</i>
<b>Thursday 19<sup>th</sup> February</b>	5:45-6:30pm (Hannah)	 <b>Bingo With Cher</b> We will send you a bingo card, come along to get the lucky numbers!

## Week 4



Date	Time	Activity
<b>Tuesday 24<sup>th</sup> February</b>	6-6:45pm (Hannah)	 <b>Ask Charlie</b> Bring along your tricky questions to catch our friend Charlie out!
<b>Wednesday 25<sup>th</sup> February</b>	5:30-6:15pm (Molly)	 <b>Photography Club: Still Life Photograph</b> Take photographs of colourful still lives. Instructions will be emailed to you a week before.
<b>Thursday 26<sup>th</sup> February</b>	5:45-6:30pm (Hannah)	 <b>Colour With Cher</b> Get creative and do some colouring with Cher! (colouring pages sent in advance)