

A booklet about cancer screening for 16+.



# Let's talk about cancer screening



For more information or to obtain any of our other publications please visit [www.dsscotland.org.uk](http://www.dsscotland.org.uk)

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**This book has been written to provide links and resources for cancer screening.**

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## **Access to Cancer Screening**

Ensuring that people with Down's Syndrome can access and understand cancer screening is essential for early detection and better health outcomes.

We know that screening processes can sometimes feel confusing or overwhelming, so we are committed to sharing resources that make information clearer, more accessible, and easier to follow.

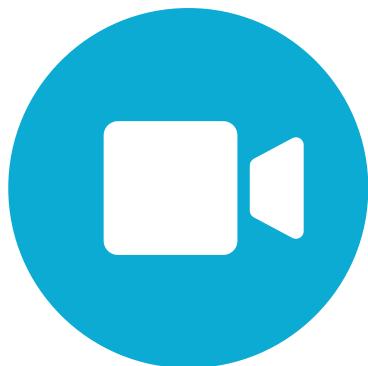
Below are some helpful tools, videos, and research developments that support understanding and participation in bowel screening and other cancer screening pathways.

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# How to Complete the Bowel Screening Test

NHS England has produced an excellent, step-by-step video showing how to complete the bowel screening home test kit. It is simple, visual, and helpful for people who benefit from clear demonstrations.



Click on the icon to watch easy-to-follow video here:

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# Research to Improve Cancer Screening for People With Learning Disabilities

The Scottish Learning Disabilities Observatory (SLDO) is carrying out important work to improve access, understanding, and uptake of cancer screening. Their research focuses on identifying barriers and developing practical solutions that make screening more inclusive. You can explore their work by clicking on the icon below:



Click on the icon to read  
the research

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# New Accessible Cancer Detection Technology

Researchers at the University of Glasgow are developing innovative, more accessible cancer detection tools that could make screening easier for people with learning disabilities in the future.

Learn more about this technology and click on the icon below.

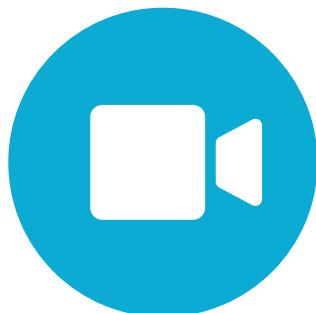


**Click on the icon to learn more about the technology**

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# **Seminar Video: Improving Screening Access**

This video from a recent seminar explores the challenges people with learning disabilities face when accessing cancer screening and highlights ongoing work to address these inequalities.



**Click on the icon to watch the  
seminar**

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# How do you feel?

People with learning disabilities often experience poorer health outcomes, partly due to barriers in accessing screening. Clear, accessible information can make a significant difference.

These resources help:

- Build confidence in completing screening tests
- Reduce anxiety by showing what to expect
- Support carers and families to explain processes
- Highlight ongoing work to make screening fairer and more inclusive
- We will continue to share updates and new resources as they become available

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Down's Syndrome Scotland provides support to families, carers and professionals who care for people with Down's syndrome.

If you would like to access further support please call us on 0300 030 2121.

For further information visit: [www.dsscotland.org.uk](http://www.dsscotland.org.uk)



**T:** 0300 030 2121

**E:** [info@dsscotland.org.uk](mailto:info@dsscotland.org.uk)

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