

FriendZ Space Calendar

August 2026

Zoom Sessions

- ★ Please book your place on our website.
- ★ Fully booked? Email us to be added to the **waiting list**.
- ★ Please **cancel** if you are unable to attend.



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FriendZ Space News!

We are happy to announce that our current TeenZ / FriendZ Space Worker, **Hannah Dobson**, will be stepping into the role of **Senior Development Worker**.

Hannah will continue to facilitate FriendZ Space sessions each week. She wouldn't want to miss them!

We are also thrilled to announce that **Matt Hughes** will be joining us as our new **TeenZ / FriendZ Space Worker**. We are so pleased to have Matt joining the team and we hope you will welcome him warmly in our community.

T: 0300 030 2121 E: info@dsscotland.org.uk W: www.dsscotland.org.uk

Week 1



Date	Time	Activity
Tuesday 4th August	5:45-6:30pm	 Film Club What's your favourite Musical Film ? Maybe an old classic or a Disney remake?!
Wednesday 5th August	5:45-6:30pm	 Would You Rather? Make your choice! Join us for fun questions and chats with friends.
Thursday 6th August	6:00-6:45pm	 Pub Quiz It's time for the FriendZ Space pub quiz. Put your general knowledge to the test!

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Week 2



Date	Time	Activity
Tuesday 11th August	5:45-6:30pm	 Karaoke Do you love singing? Bring your best songs! <i>Send us your song requests by email</i>
Wednesday 12th August	6-6:45pm	 Ask Charlie Bring along your tricky questions to catch our friend Charlie out!
Thursday 13th August	5:45-6:30pm	 Good News Club Share your good news and celebrate happy moments with your friends!

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Week 3

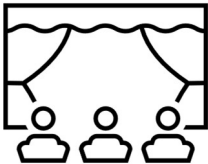


Date	Time	Activity
Tuesday 18th August	5:45-6:30pm	 Charades It's game night! Come along and keep everyone guessing with your acting skills!
Wednesday 19th August	5:45-6:30pm	 Dream Holidays Where would you love to visit? Come along and plan your dream holiday!
Thursday 20th August	6:30-7:15pm	 Fit FriendZ Join us with our favourite performer Emily, for some stretching, dance moves and music!

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Week 4



Date	Time	Activity
Tuesday 25th August	5:45-6:30pm	 Musical Performances Join us for more Tony Award worthy performances at FriendZ Space! <i>Email in your performance song request to Hannah.</i>
Wednesday 26th August	5:45-6:30pm	 Bingo With Cher We will send you a bingo card, come along to get the lucky numbers!
Thursday 27th August	7-8pm	 Live Disco Join us for a fun evening of music and dancing with DJ Giacinta!

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