

FriendZ Space Calendar

October 2026

Zoom Sessions

- ★ Please book your place using on our website.
- ★ Fully booked? Email us to be added to the **waiting list**.
- ★ Please **cancel** if you are unable to attend.



friendz@dsscotland.org.uk
hannah.dobson@dsscotland.org.uk



Hannah: 07385472359

Christmas Film Outing!

Save The Date!

When: 5th December 2026 (afternoon)

Where: Perth Playhouse, Perth

What: We are holding the first ever private DSS Christmas Cinema Outing!

We would like to invite you to join us for private viewing of a classic Christmas film with your TeenZ and FriendZ friends from around Scotland.

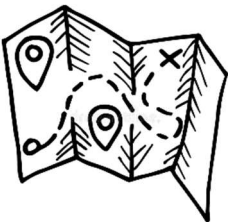
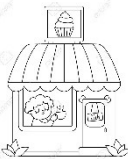
This event is open to members from all areas of Scotland, and we hope to see as many of you there as possible to help begin the Christmas season in style!

More information on booking tickets and details of the event will be sent out shortly.

T: 0300 030 2121 **E:** info@dsscotland.org.uk **W:** www.dsscotland.org.uk

Week 1



Date	Time	Activity
Monday 5th October	5:45-6:30pm	 Girlband Singalong Sing along to some of your favourite girlband hits with your FriendZ Space friends!
Tuesday 6th October	5:45-6:30pm	 Autumn Scavenger Hunt Put your searching skills to the test in our fun autumn scavenger hunt!
Wednesday 7th October	4:30-5.15pm	 Karaoke Bring your best songs and get ready to take the microphone!
	6:00–6:45pm	 Ask Charlie Bring along your tricky questions and see if you can catch our friend Charlie out!
Thursday 8th October	5:00–5:45pm	 Guess The Logo See how many of your favourite logos you can recognise in this quiz!
Friday 9 th October	5:00–5:45pm	 Music Cafe Hang out in the music cafe with your FriendZ Space friends!

T: 0300 030 2121 E: info@dsscotland.org.uk W: www.dsscotland.org.uk

Week 2

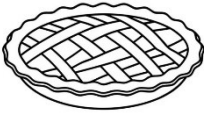


Date	Time	Activity
Wednesday 14th October	6.30-7.15pm	 Fit FriendZ Join us with our favourite performer Emily, for some stretching, dance moves and music!
Thursday 15th October	5:45-6:30pm	 Musical Performance Enjoy an afternoon of music and performance with your FriendZ Space friends!

T: 0300 030 2121 **E:** info@dsscotland.org.uk **W:** www.dsscotland.org.uk

Week 3



Date	Time	Activity
Tuesday 20th October	5:45-6:30pm	 Pie Party Join Gaylin for a seasonal Pie Party!
Wednesday 21st October	4:30–5:15pm	 Big Pub Quiz Join Matt for this epic Pub Quiz! With topics including guess the song, TV shows and Harry Potter.
	5:45–6:30pm	 Colouring With Cher Let's do some autumn inspired colouring together at FriendZ Space!
Thursday 22nd October	7:00-8:00pm	 Live Disco Join us for a fun evening of music and dancing with DJ Giacinta!

T: 0300 030 2121 E: info@dsscotland.org.uk W: www.dsscotland.org.uk

Week 4



Date	Time	Activity
Tuesday 27th October	5:45–6:30pm	 Craft Club Get creative and make something fun with your FriendZ Space friends!
Wednesday 28th October	4.30-5.15pm	 Get To Know Me Answer some fun questions and learn more about your FriendZ Space Friends.
	5:45-6:30pm	 Take That Danceathon Get your dancing shoes on and join us for a fun-filled danceathon!
Thursday 29th October	5:45–6:30pm	 Spooky Songs Get into the Halloween spirit and sing along to some spooky songs!
Friday 30th October	5:00–5:45pm	 Halloween Party Join us for a spooktacular Halloween party filled with fun, music and games!

T: 0300 030 2121 E: info@dsscotland.org.uk W: www.dsscotland.org.uk