



FriendZ Meet Ups

October 2026

Activity Calendar

Please book your place on the website
by clicking on the **Book Now** in the calendar.

Fully booked? If you would like on the waiting list, please email:

friendz@dsscotland.org.uk

Our Development Workers:

Hannah	07385 472359	Senior Development Worker
Lynne	07392 464000	Dundee, Inverness & Aberdeen
Morna	07385 473 615	Edinburgh & Perth
Lindsey	07585 700467	Glasgow & Central

Meet Ups News

If it is your first time at a Meet Up, we will email you a form to fill in.
Please email the form back to us before the Meet Up.

We will email you 1 week before the Meet Up to let you know all the details.

Christmas Film Outing!

Save The Date!

When: 5th December 2026 (afternoon)

Where: Perth Playhouse, Perth

What: We are holding the first ever private DSS Christmas Cinema Outing!

We would like to invite you to join us for private viewing of a classic Christmas film with your FriendZ friends from around Scotland.

This event is open to members from all areas of Scotland, and we hope to see as many of you there as possible to help begin the Christmas season in style!

More information on booking tickets and details of the event will be sent out shortly.

Where	Date and Time	Activity
PERTH	Thursday 1st October 6pm-7:30pm	Pizza dinner Share a tasty meal and meet our new Meet Ups Worker Morna! Broth3rs, George Street, Perth  Cost: £20-£25 for pizza and drink (menu can be found online)
<u>FALKIRK</u> <u>(Football)</u>	Saturday 3rd October 12:30 – 1:30pm Regular attendees please still book a ticket.	<u>Falkirk Foundation Football</u>   Join our monthly football session with Falkirk Foundation! Cost: FREE <i>(thanks to the generous support of the Falkirk Foundation)</i>

ABERDEEN	Saturday 17th October 2pm-4pm	Adventure Golf At Codona's  Cost: £8 for golf & extra money for drink/snack
GLASGOW	Wednesday 21st October 6.30pm-8.00pm	Glasglow Ten Pin Bowling  Hollywood Bowl at Springfield Quay Cost: £8.34 to play plus extra money for snacks/ drinks (optional)
DUNDEE	Thursday 22nd October 6:30-8:00pm	Monthly Bowling  Cost: £6 plus snack money

EDINBURGH	Saturday 24th October 2:30pm–4 pm	Ice cream afternoon Lucas, Musselburgh  Cost: £7-10 for an ice cream sundae (menu can be found online)
EDINBURGH	Thursday 29th October 6-8pm approx. (times to be confirmed)	Cinema trip Forgotten Island Vue Omni Centre, Edinburgh  Cost: £8 (extra for any snacks)
INVERNESS	Friday 30th October 7:00-10:00pm	Halloween Disco At The Playhouse, Nairn (with Cantraybridge)  Cost: £10 entry fee

FALKIRK	Saturday 31st October 12pm-1pm	Pumpkin Archery  The Falkirk Wheel Address: Lime Road, Falkirk, FK1 4RS Cost: £17 per ticket
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Christmas is Coming... Save the date!

We are excited to be sharing with you the dates of our Christmas events for 2026. These are 'Save the Dates' and the events will be available to book from future calendars.

DATE	LOCATION	EVENT
Saturday 28 th November	Inverness	Christmas Meal
Thursday 3 rd December	Dundee	Christmas Meal
Saturday 5 th December	Perth Playhouse	Private Christmas Cinema Screening
Tuesday 8 th December	Edinburgh	Traditional Christmas Meal
Saturday 12 th December	Aberdeen	Christmas Meal
Wednesday 9 th December	Glasgow	Christmas meal